

Choosing a goal

Next, think about a money goal that you most want to pursue towards that dream. Write down some ideas on how you could start working towards them.

My money goal is:

I would like to reach this goal by the following date:

The help and resources I will need to reach this goal by this time are:

If I find myself struggling, I will try these solutions:

01 Your money goals



Many of us would like to save more money.

Some of us are able to save regularly. Some of us feel like there is never enough money to get by or any left over to save. Without a plan, budgeting and saving can feel stressful and overwhelming.

This activity will help you think about your goals. Setting goals is the first step in making a savings plan. Think about why you would like to set a money goal. Asking yourself these questions can help you know what your priorities are.

We live with the loon or loonie every day. The loon teaches us to pay attention to our dreams and hopes.

The loon is a unique Canadian symbol with its beautiful voice and markings.

Thinking about your goals

Goals are personal.

Your money goals might relate to special parts of your own life, or to family members, or to your community. Make some notes here to help you get started thinking about your goals:

One thing I'm proud of in my life:

One thing I'd like to change in my life:

A dream I have for myself or my family:

A small step I could take right now:

A bigger step I will need help with:

Something I'd like to contribute to my community:

