

Goal setting

Handout 3-10

Take a few minutes to reflect on how this workshop relates to your life.
Set one or two SMART goals for your personal budgeting and financial record-keeping.

Example:

Goal: Create and use a budget system	When?
Tasks: <ul style="list-style-type: none"> Add up my total income and subtract my total fixed expenses to figure out what I have left to spend each month 	End of this week
<ul style="list-style-type: none"> Give myself a weekly spending allowance and only spend cash 	Weekly

1. Goal:**Tasks:**

When?

2. Goal:**Tasks:**

When?
