

TRAILBLAZER ADVENTURER
INNOVATOR DEFENDER CHALLENGER

Get Your Benefits!

Diagnose and Treat Poverty

Noralou P Roos

SUPPORTED BY THE WINNIPEG FOUNDATION



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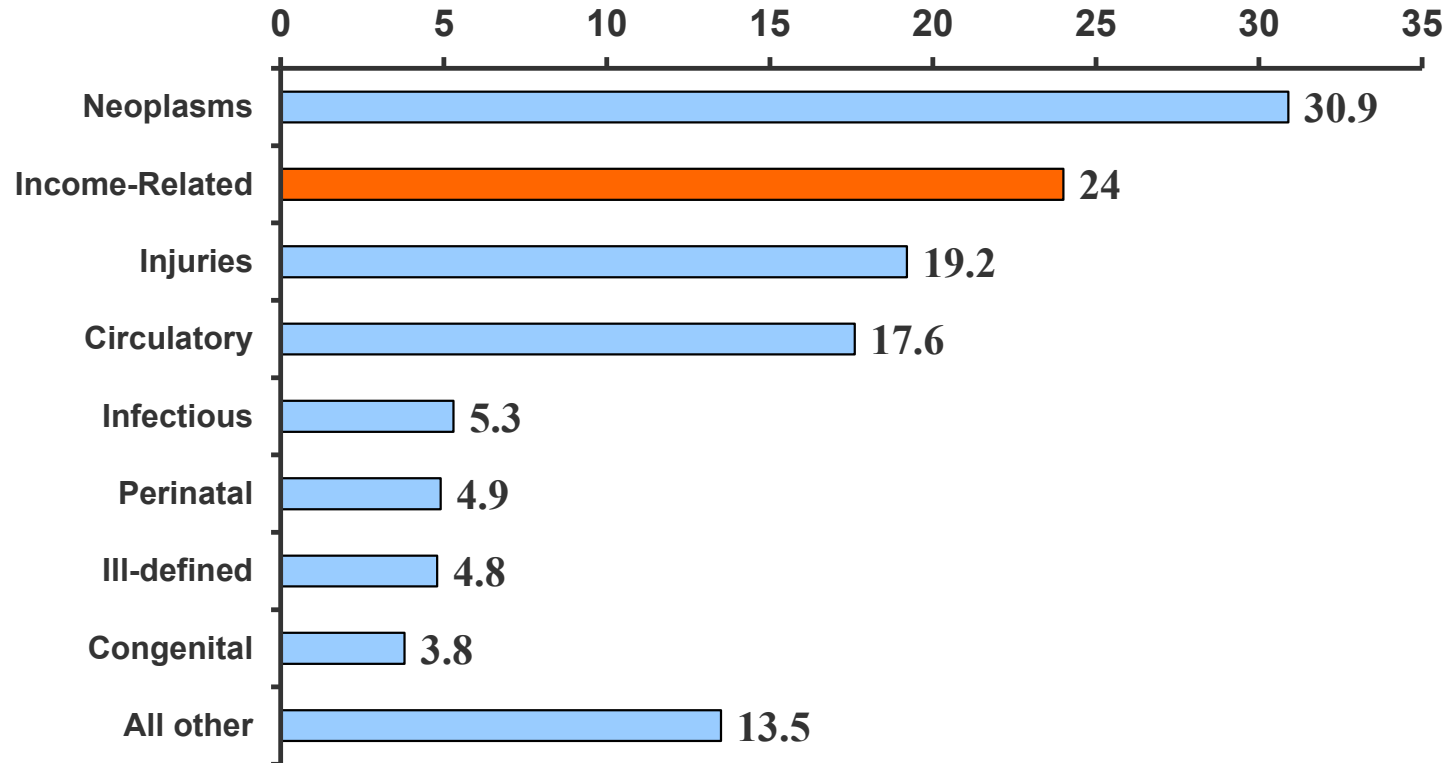
Winnipeg



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Making The Link: Poverty and Health

Poverty accounts for 24% of person years of life lost in Canada



Wilkins, R, et al. Trends in mortality by neighbourhood income in urban Canada from 1971 to 1996. *Statistics Canada* 2002:13; 10 (supp). Adapted from Dennis Raphael.

OBJECTIVES OF OUR WORK

1. Put forth an evidence- based argument for intervening in poverty.
2. Understand practical ways for addressing poverty.
3. Discuss and connect with & across ministries, educators, community agencies, clinics, doctors in training



FILING TAXES – THE KEY TO BENEFITS

Single parent

Two Children ages 2 & 4, living in private rental market

Employed part time

Annual employment income **\$ 15,000.00**

PLUS Benefits based on tax filing:

GST Refundable Credit:	\$	842.00	(\$210.50 paid quarterly)
Canada Child Benefits:	\$	12,800.00	(\$1066.66 paid monthly)
Working Income Tax Benefit:	\$	1,844.00	(with refund /part paid quarterly)
MB Rent Assist Benefits:	\$	5,586.00	(\$465.50 paid monthly)
Manitoba Child Benefit:	\$	840.00	(\$35.00 paid monthly)
Mb Personal Tax Credit:	\$	266.00	(refund upon tax filing)

TOTAL ANNUAL INCOME \$ 37,178.00

Accessing Benefits Issues: Seniors and 55 Plus

- Canada Pension Plan – Retirement
- Old Age Security
- Guaranteed Income Supplement
- Spousal Allowance/Allowance for the Survivor
- 55 Plus
- Rent Assist
- Seniors Information Line
- Manitoba Seniors' Guides

IT'S A FACT:
BETTER INCOME
CAN LEAD TO
BETTER HEALTH

**GET YOUR
BENEFITS!**

www.getyourbenefits.ca



THE MANITOBA
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU MANITOBA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA



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Filing Taxes - Issues

- Need year-round CVITP tax filing clinics
 - Finding, training and coordinating volunteers is challenging
 - Need statistics on who (low income) is filing taxes and who is not by age and location and who is using/not using CVITP clinics
 - How communicate the importance of tax filing and accessing benefits
 - Helping groups/organizations share ideas, challenges, successes of their efforts to increase tax filing
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