Welcome

- Thank you for joining this series: **Virtual one-on-one client support: Learnings from the pandemic year** hosted by Prosper Canada on behalf of the ABLE Steering Committee.
- The presentation will begin shortly. (Audio will begin when the presentation starts)

Technology Details:

For technical assistance, please call GoToWebinar support line **1-855-352-9002**.

Participants should connect using VOIP. Please check that the volume is turned up on your computer.

If dial in option is required, please dial in as follows:

Tel (Canada): +1 (647) 497-9386

Access Code: 777-207-664 (attendees are muted)

Toll free option not available



Webinar logistics

- Audience members have all been put on "mute" for this webinar
- Presenters will be joining via audio only to conserve bandwidth
- Please find handouts available for download in the control panel at the side of your screen
- Please share any questions you have using the "Question box"
- We will share webinar slides with all participants and post a recording of the session within a few days.





Land acknowledgement

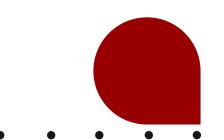
About us



ABLE is a cross-sector community of practice working to reduce poverty through financial empowerment.



Prosper Canada is a national charity dedicated to expanding economic opportunity for Canadians living in poverty through program and policy innovation.









2021 ABLE virtual series

Recover and Rebuild: Helping Canadians build financial security during the pandemic and beyond

The **2021 ABLE Financial Empowerment (FE) virtual series** is a collection of online financial empowerment events designed to provide financial empowerment stakeholders with knowledge, tools, resources and insights on financial topics to help struggling Canadians build financial resilience through the pandemic and recovery.

- Spring series designed for practitioners, interactive
- Fall series designed for all FE stakeholders

The 2021 ABLE virtual series is hosted by Prosper Canada on behalf of the ABLE Steering Committee.



Sponsors

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TD READY COMMITMENT



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Our session today: Virtual one-on-one client support

Welcome, Land Acknowledgment, Introductions

Audience polls

Our panel:

- Elise Nussbaum, TrustPlus (New York City)
- Suzanne Walker, carya (Calgary)
- Millie Acuna, SEED Winnipeg (Winnipeg)

Q&A

Our panel



Elise Nussbaum Financial Coach Trust Plus enussbaum@ mytrustplus.org



Suzanne Walker Carya <u>SuzanneW@</u> <u>caryacalgary.ca</u>



Millie Acuna
Manager, Asset Building
Programs
SEED Winnipeg
millie@
seedwinnipeg.ca



Glenna Harris
Manager, Learning & Training
Prosper Canada
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@prospercanada.org

Tell us about you and your work

How have you been supporting your clients 1-1?

What types of money conversations have been common?

What's one thing you've learned this past year that you'll keep doing?



Remote Financial Coaching with TrustPlus

Elise Nussbaum



WHAT IS TRUSTPLUS?

TrustPlus is a nonprofit social enterprise that offers one-on-one **financial coaching** and digital tools designed to help clients with their everyday money worries. Our coaches provide support and expert guidance to help our clients best manage their **personal finances**.

- Coaching offered via phone, video chat, and text
- Services are 100% confidential and 100% at no cost to our clients
- Available in **English**, **Spanish**, and **French**

HOW OUR SERVICE WORKS



2. SIGN UP

Client signs up for a session with one of our financial coaches and gets access to the TrustPlus webbased application.

4. FOLLOW-UP

After session, coach and client schedule their follow-up appointment. Coach reminds client of action steps to complete before their next session.

1. CONNECT

Client is connected with TrustPlus through their employer or organization.

3. COACHING SESSION

Coach calls or joins video call with client and conducts a 30-minute financial coaching session.

5. MAINTAIN CONTACT

Client and coach maintain contact between sessions via text and email.

CLIENT SNAPSHOT

	2019	2020	2021 (to 6/3)
MEDIAN INCOME	\$39,000	\$30,000	\$30,000
AVERAGE AGE	38	39	39
% BLACK	42%	41%	37%
% LATINX	31%	28%	37%
% AAPI	6%	7%	4%
MEDIAN COLLECTIONS DEBT	\$1,348	\$1,747	\$1,431
% WITH PRIME CREDIT SCORES	34%	30%	34%
% FEMALE	73%	70%	69%
% MALE	27%	29%	30%

ADAPTING FINANCIAL COACHING TO PANDEMIC CIRCUMSTANCES



Shifted focus from long-term planning to the next few weeks or even days



Helped with the grueling process of accessing unemployment benefits



Encouraged clients to contact their creditors for flexibility



Partnered with organizations to quickly and efficiently distribute cash relief



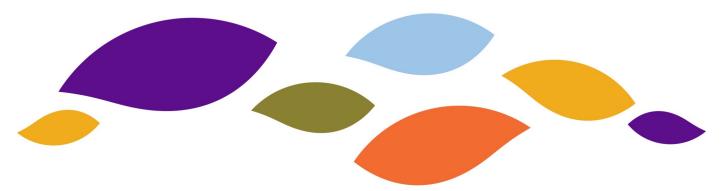
Pinpointed aspects of the CARES Act that affected our clients



Opened our services to anyone who needed it

During the pandemic, Elise was a lifesaver. She helped me realize I qualified for unemployment when I didn't think I would—this has completely changed the trajectory of my life and I'm in the process of buying my first **house** right now. Unending gratitude; I wouldn't be here without her.

[—]April M., TrustPlus coaching client



Financial Coaching in 2020-21 How we did it and continue to do it!



Suzanne Walker suzannew@caryacalgagry.ca

About carya

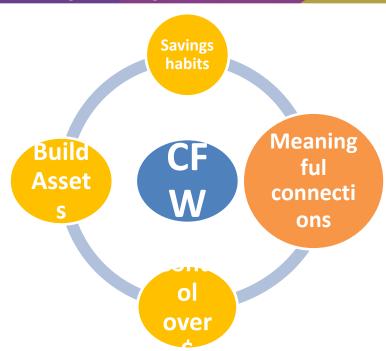
- Non-Profit Agency that helps Calgarians create meaningful change within themselves and their support networks.
- One of **Calgary's largest** social service agencies.
- Over **40 multigenerational programs** and provide assistance during the times of crisis.

Visit: www.caryacalgary.ca



Community Financial Wellness (CFW)

Free individual and group programs for people of all ages.





CFW Programs



Financial Coaching

One on one support to review and/or enhance financial literacy and wellbeing

RESP Sign up Support



Matched Saving Programs

- Youth Savings Circle
- Seniors' Savings Circle
- Multigenerational Savings
 Circle

RESPs: Info & sign up events to help people grow T their child's future

Tips and Tool Workshops:

One time, 1-2 hours workshops on a specific topic



Testimony

"carya's Financial Coaching program has given me hope for a positive financial future. My financial coach helped me make informed decisions and didn't just tell me what to do. Now I can sleep at night knowing I'm on the road to financial success."



CHALLENGES DURING THE PAST 15 MONTHS

Individual Readiness for Financial Coaching
Limited Additional Resources
Individual Engagement and Expectations
Letting Go





Overcoming Challenges

Providing laptops/tablets to participants

Zoom tutorials (once we learned it)

Being creative, flexible and adaptable

Celebrating small successes

Making sure we put on our own oxygen mask

first



Success Stories

- Accessibility
- Empowering participants
- Promoting community engagement
- Community of Practice











Changing Direction for Community

Being present and available

Taxes, Benefits, Identification

Navigating emergency response benefits

Providing resources for food, shelter, mental health, laundry etc.









Supported by
Government of Canada • Province of Manitoba • United Way Winnipeg • Prosper Canada

Community Financial Helpline

Coordinated Multi-Agency Telephone Information Service

SEED Winnipeg – Identification, Tax Filing, Money Management Training

Community Financial Counselling Services – Tax Filing, Benefits, Credit Counselling

Community Unemployed Help Centre – Assistance, Advice & Representation

Immigrant and Refugee Community Organization of Manitoba – Newcomer wrap around supports









Helpline provided...



QUICK INFO



FORMS, ATTACHEMENTS, WHERE TO FIND



WALK THROUGH, UNDERSTANDING DOCUMENTS



FINANCIAL COACHING



SOMEONE TO TALK TO

Community Check In

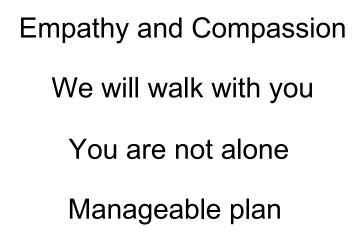
Tapped and afraid

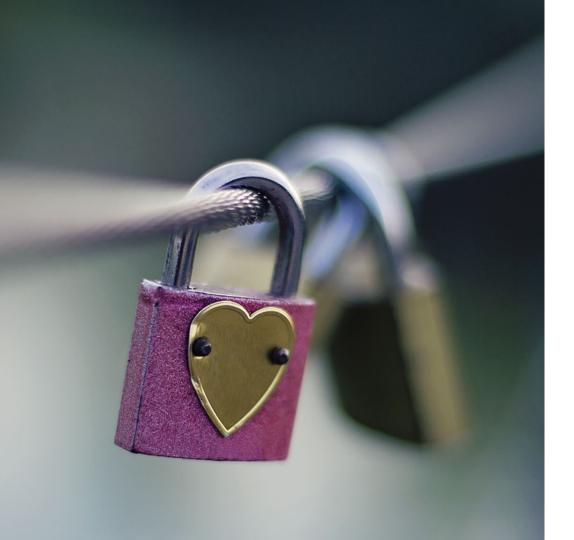
Needed someone who could listen in a safe space

Help prioritize next steps









Weekly Webinars

- How CERB and CESB will affect your EIA benefits?
- EIA & CERB: Next Steps!
- How to get bank on EIA after CERB
- EIA Changes due to the Pandemic
- Understanding the Impact of Federal Covid Benefits
- The Importance of Tax Filing





STATS SINCE JULY 2020

Over 1360 contacts

1110 Calls

180 Text

70 Facebook

655 Community Members and Service Providers



Questions?



Thank you for joining us

Today's event is part of the **2021 ABLE virtual** series.

Please visit <u>ablefinancialempowerment.org</u> to view a complete list of events.

The next event is on:

June 17, 2021 – 1:00 PM EDT

Connect and Share: Tax time debrief



What's next

We will be sending you an email soon with:

- Slides from today's webinar
- Link to webinar recording
- Link to post webinar survey

We will also post the recorded webinar on our Prosper Canada Learning Hub:

https://learninghub.prospercanada.org/knowledge/able-2021-virtual-series/





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