



## Braiding the third strand: Supporting health and well-being

# Activity 8: My future investment plan

This activity will help build your savings step by step and work toward a bright future.

Investing is like planting a seed that grows into a tree. You can choose to save your money in a bank, invest in starting a small business, or invest in yourself by learning new skills. Just like our ancestors planned for the future, let your money grow slowly and steadily.

### 1. My goal:

I want to save for:

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I need this for:

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I want to have this by:

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### 2. My plan:

How much money do I need? \_\_\_\_\_

Break my goal into small steps: (For example, reduce my spending on eating out)

Step 1: \_\_\_\_\_

Step 2: \_\_\_\_\_

Step 3: \_\_\_\_\_

### 3. Learning my options:

I will learn about ways to grow my money by:

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I can ask: (family, community group, trusted friend)

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Activity 8: My future investment plan (Cont'd)

4. Saving regularly:

I will save: (\$ per month)

I will put my money in: (savings account, safe investment, etc.)

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5. Tracking my progress

I will check my savings every:

My progress:

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6. Asking for help:

I can talk to: (a trusted person or group)

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When I need advice, I will ask:

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